

POST OFFICE TRAVEL MONEY

WORLDWIDE HOLIDAY COSTS BAROMETER 2019



Price breakdown by country and resort area

ITEMS	1 BULGARIA Sunny Beach	2 TURKEY Marmaris	3 PORTUGAL Algarve	4 SOUTH AFRICA Cape Town	5 SPAIN Costa del Sol	6 JAPAN Tokyo	7 KENYA Mombasa
Cup of filter coffee <i>Café/bar</i>	£0.74	£0.96	£0.64	£1.15	£1.19	£1.57	£1.25
Bottle of local beer/lager (330ml) <i>Café/bar</i>	£0.59	£2.41	£1.01	£1.43	£1.84	£0.76	£2.08
Bottle/can of Coca-Cola/Pepsi (330ml) <i>Café/bar</i>	£0.74	£0.80	£1.19	£1.03	£1.10	£0.68	£1.25
Glass of wine (175ml) <i>Café/bar</i>	£1.23	£2.89	£1.15	£2.87	£1.84	£0.76	£4.16
1.5l bottle of mineral water <i>Supermarket</i>	£0.39	£0.16	£0.46	£0.75	£0.35	£1.16	£0.58
Suncream (200ml SPF15) <i>Supermarket</i>	£2.45	£6.24	£3.21	£6.88	£5.06	£4.65	£9.99
Insect repellent (50ml) <i>Supermarket</i>	£2.45	£1.43	£5.32	£3.44	£3.22	£2.93	£0.75
3 course evening meal for 2 (including bottle of house wine)	£27.44	£30.34	£37.13	£32.68	£39.52	£43.04	£35.81
TOTAL COSTS	£36.03	£45.23	£50.11	£50.23	£54.12	£55.55	£55.87

ITEMS	8 CZECH REPUBLIC Prague	9 CYPRUS Paphos	10 INDONESIA Bali	11 VIETNAM Hoi An	12 MALTA Sliema	13 MEXICO Cancun	14 USA Orlando
Cup of filter coffee <i>Café/bar</i>	£2.30	£2.67	£1.79	£1.88	£1.61	£1.91	£1.51
Bottle of local beer/lager (330ml) <i>Café/bar</i>	£1.36	£2.30	£1.91	£2.64	£2.30	£2.23	£4.00
Bottle/can of Coca-Cola/Pepsi (330ml) <i>Café/bar</i>	£1.84	£1.75	£1.19	£1.88	£1.84	£1.81	£1.99
Glass of wine (175ml) <i>Café/bar</i>	£2.03	£2.48	£4.17	£5.28	£3.63	£3.93	£4.80
1.5l bottle of mineral water <i>Supermarket</i>	£0.52	£0.25	£0.48	£0.57	£0.61	£0.55	£1.43
Suncream (200ml SPF15) <i>Supermarket</i>	£6.93	£6.55	£11.01	£4.52	£12.07	£6.80	£6.40
Insect repellent (50ml) <i>Supermarket</i>	£5.61	£4.77	£6.37	£1.88	£3.30	£3.23	£4.00
3 course evening meal for 2 (including bottle of house wine)	£36.29	£44.40	£42.57	£50.87	£46.05	£53.54	£51.36
TOTAL COSTS	£56.88	£65.17	£69.49	£69.52	£71.41	£74.00	£75.49

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ITEMS	15 ST LUCIA Rodney Bay	16 CROATIA Porec	17 THAILAND Phuket	18 HUNGARY Budapest	19 MALAYSIA Penang	20 FRANCE Nice	21 GREECE Corfu
Cup of filter coffee <i>Café/bar</i>	£2.19	£1.43	£1.55	£2.27	£2.78	£1.56	£2.30
Bottle of local beer/lager <i>(330ml) Café/bar</i>	£1.88	£2.34	£1.94	£2.27	£5.47	£3.22	£3.22
Bottle/can of Coca-Cola/Pepsi <i>(330ml) Café/bar</i>	£1.17	£2.60	£0.91	£1.96	£1.42	£3.35	£2.76
Glass of wine <i>(175ml) Café/bar</i>	£4.85	£3.64	£4.66	£4.17	£6.08	£4.14	£3.68
1.5l bottle of mineral water <i>Supermarket</i>	£1.81	£0.78	£0.52	£0.45	£0.61	£0.37	£0.92
Suncream <i>(200ml SPF15) Supermarket</i>	£7.20	£7.79	£4.79	£6.04	£11.90	£10.29	£6.62
Insect repellent <i>(50ml) Supermarket</i>	£3.21	£5.19	£2.59	£5.44	£2.41	£6.43	£5.79
3 course evening meal for 2 <i>(including bottle of house wine)</i>	£57.78	£56.61	£65.57	£60.12	£55.69	£62.50	£70.77
TOTAL COSTS	£80.09	£80.38	£82.53	£82.72	£86.36	£91.86	£96.06

ITEMS	22 SOUTH KOREA Seoul	23 TOBAGO Various	24 CHINA Beijing	25 INDIA Delhi	26 CANADA Vancouver	27 USA New York	28 NEW ZEALAND Auckland
Cup of filter coffee <i>Café/bar</i>	£2.29	£1.88	£4.69	£2.74	£1.63	£1.44	£2.47
Bottle of local beer/lager <i>(330ml) Café/bar</i>	£1.90	£1.63	£3.09	£4.36	£4.02	£5.12	£4.39
Bottle/can of Coca-Cola/Pepsi <i>(330ml) Café/bar</i>	£0.76	£1.06	£1.85	£1.25	£1.61	£2.40	£2.74
Glass of wine <i>(175ml) Café/bar</i>	£4.19	£4.38	£6.18	£9.97	£4.82	£7.20	£4.93
1.5l bottle of mineral water <i>Supermarket</i>	£0.38	£1.00	£0.37	£1.00	£1.32	£1.59	£1.64
Suncream <i>(200ml SPF15) Supermarket</i>	£13.56	£10.01	£9.88	£5.61	£6.32	£9.59	£8.22
Insect repellent <i>(50ml) Supermarket</i>	£7.62	£3.13	£3.71	£1.99	£5.12	£5.83	£5.21
3 course evening meal for 2 <i>(including bottle of house wine)</i>	£72.99	£80.72	£74.12	£77.37	£79.57	£73.62	£77.85
TOTAL COSTS	£103.69	£103.81	£103.89	£104.29	£104.41	£106.79	£107.45

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ITEMS	29 MAURITIUS Grand Baie	30 BRAZIL Rio de Janeiro	31 PERU Lima	32 JAMAICA Montego Bay	33 ITALY Sorrento	34 SINGAPORE China Town	35 CHILE Santiago
Cup of filter coffee <i>Café/bar</i>	£2.11	£1.78	£3.07	£3.33	£1.84	£0.91	£3.74
Bottle of local beer/lager (330ml) <i>Café/bar</i>	£2.98	£3.34	£2.56	£5.23	£2.76	£5.49	£4.62
Bottle/can of Coca-Cola/Pepsi (330ml) <i>Café/bar</i>	£1.74	£2.01	£1.53	£2.40	£2.30	£1.83	£1.87
Glass of wine (175ml) <i>Café/bar</i>	£4.59	£6.69	£4.09	£4.90	£2.76	£7.01	£4.37
1.5l bottle of mineral water <i>Supermarket</i>	£0.65	£0.67	£1.53	£0.80	£0.92	£0.49	£2.23
Suncream (200ml SPF15) <i>Supermarket</i>	£14.52	£8.91	£12.78	£14.82	£9.19	£9.94	£14.97
Insect repellent (50ml) <i>Supermarket</i>	£3.90	£13.37	£6.39	£9.38	£5.51	£1.71	£18.72
3 course evening meal for 2 (including bottle of house wine)	£77.74	£74.42	£79.99	£71.96	£93.75	£93.28	£75.52
TOTAL COSTS	£108.23	£111.19	£111.94	£112.82	£119.03	£120.66	£126.04

ITEMS	36 COSTA RICA Tamarindo	37 ANTIGUA St John	38 BARBADOS St James	39 AUSTRALIA Darwin	40 DUBAI Jumeirah	41 ABU DHABI City	42 SEYCHELLES Mahe
Cup of filter coffee <i>Café/bar</i>	£2.34	£3.13	£3.43	£2.71	£2.02	£5.62	£3.84
Bottle of local beer/lager (330ml) <i>Café/bar</i>	£2.48	£1.88	£3.43	£4.85	£9.00	£7.87	£4.48
Bottle/can of Coca-Cola/Pepsi (330ml) <i>Café/bar</i>	£2.34	£2.04	£1.71	£2.71	£1.57	£3.37	£3.52
Glass of wine (175ml) <i>Café/bar</i>	£7.01	£3.76	£5.57	£5.13	£10.12	£12.37	£7.67
1.5l bottle of mineral water <i>Supermarket</i>	£1.46	£1.22	£2.36	£1.43	£0.51	£14.62	£1.28
Suncream (200ml SPF15) <i>Supermarket</i>	£14.83	£14.41	£12.22	£10.27	£9.13	£7.87	£19.18
Insect repellent (50ml) <i>Supermarket</i>	£8.77	£4.68	£9.00	£2.98	£5.73	£6.75	£14.39
3 course evening meal for 2 (including bottle of house wine)	£87.18	£95.53	£99.44	£117.30	£112.44	£110.19	£128.53
TOTAL COSTS	£126.41	£126.65	£137.16	£147.38	£150.52	£168.66	£182.89

Source: Post Office Travel Money. The Worldwide Holiday Costs Barometer was compiled with the help of national and local tourist boards and long haul holiday specialist Travelbag (except Sunny Beach, Bulgaria where prices were provided by Balkan Holidays). Prices are based on exchange rates on 2 January 2019.